

What is this Body Telling You? Handout

We usually infer and see emotions being expressed in others through their facial expressions. Facial expressions of emotions are, however, not the only way to read others' emotions. We can also do so by paying attention to others' body postures.

Instructions: A series of stick figures are shown below. Each figure is viewed from the front, side and rear. What is each body feeling? Write an emotion underneath each figure on what emotions you think are being shown by each of the stick figures below. Hint: Each figure corresponds to a particular basic emotion (fear, happiness, anger, surprise, disgust and sadness).

Figure 1

Front



Side



Rear



Emotion: _____

Figure 2

Front



Side



Rear



Emotion: _____

Figure 3

Front



Side



Rear



Emotion: _____

Figure 4

Front



Side



Rear



Emotion: _____

Figure 5

Front



Side



Rear



Emotion: _____

Figure 6

Front



Side



Rear



Emotion: _____