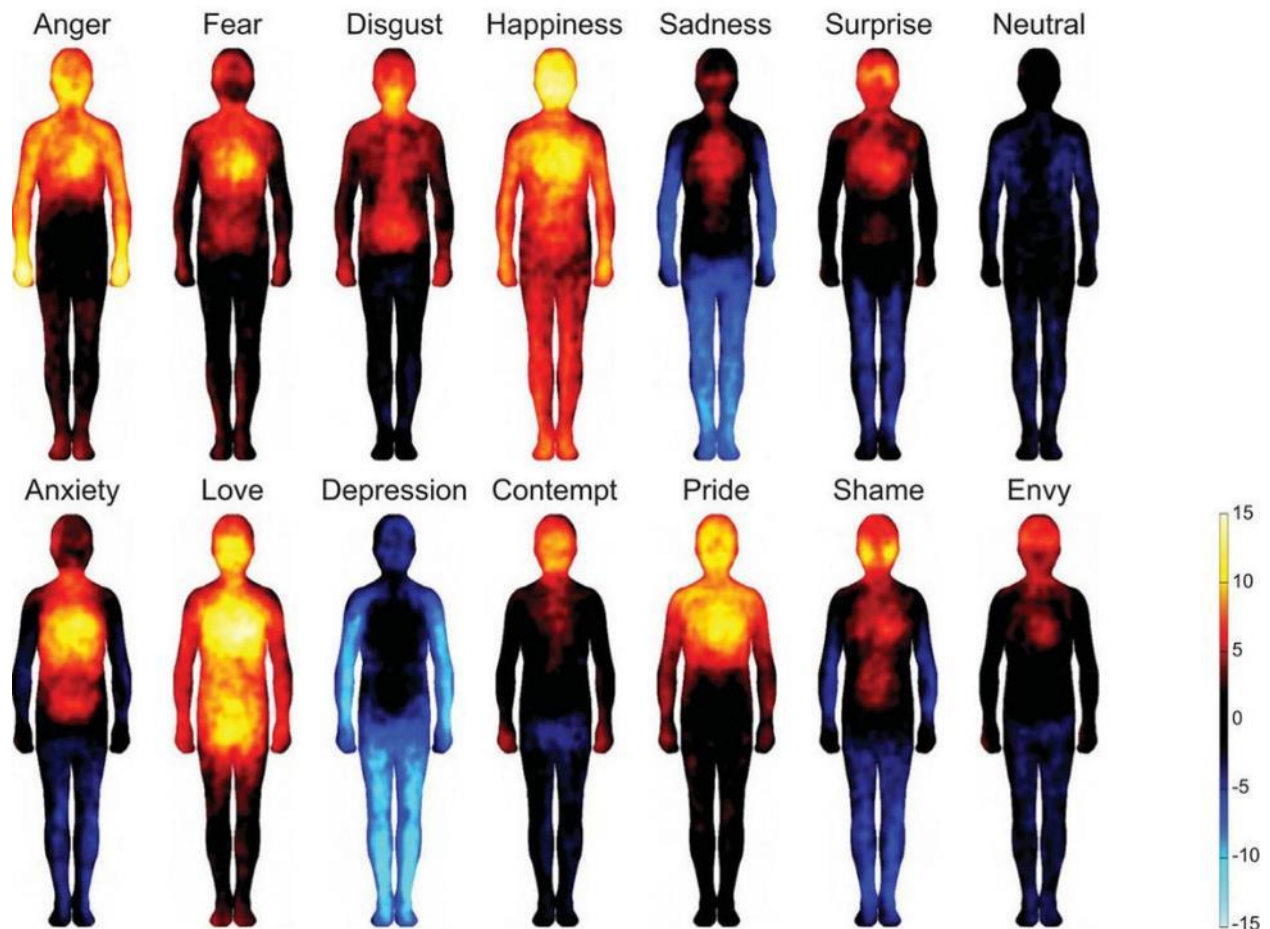


Sketching Your Emotions: Bodily Maps of Emotion



Source: Nummenmaa, L., Glerean, E., Hari, R., & Hietanen, J. K. (2014). Bodily maps of emotions. *Proceedings of the National Academy of Sciences*, 111(2), 646-651.

Note that the warmer colours (yellow, orange, red) denote areas of the body associated with 'activation' and increase in temperatures. Cooler colours (blue, black) denote areas of the body which participants associated with 'deactivation' and decrease in bodily temperature.