

Emotions and their Functions: Answer Scheme

Why do we have emotions? Emotions serve particular functions – to prompt us to respond quickly to dangers, to give us a ‘shortcut’ when making decisions, and occasionally, to remind us that we have done something inappropriate. The more we understand about the functions and purposes of our emotions, the more self-aware and emotionally intelligent we will be.

Instructions: A list of 12 emotions are provided below. Match each emotions with their functions by placing matching numbers on both the emotion and its function. The first one is done for you as an example.

Anger (1)	Sadness (2)	Care and concern for another (8)	Violating social norms, behaving inappropriately (12)
Gratitude (3)	Amusement (4)	Success that is recognized by others (10)	Appreciation of others, thankful for received benefit (3)
Fear (5)	Disgust (6)	Injustice, unfairness, offense (1)	Witnessing greatness or excellence (11)
Surprise (7)	Love (8)	Satisfying, pleasurable experiences (9)	Threat, danger (5)
Happiness (9)	Pride (10)	Unexpected, new situation (7)	Something humorous, or funny. (4)
Inspired (11)	Embarrassment (12)	Revulsion, something rotten, morally offensive (6)	Sense of loss, dejection, call for help (2)